

National Academy of Osteopathy Doctor of Osteopathy (DO) Curriculum

Doctor of Osteopathy (DO) Program Offered by NAO

Thank you for your interest in the doctor of osteopathy (DO) program of National Academy of Osteopathy in Toronto (Ontario, Canada). Our Admissions department is eager to help you in any way we can. We invite you to visit National Academy of Osteopathy admissions office and ask us any questions you may have.

Why Choose Doctor of Osteopathy?

Osteopathy is one of the most complete health care systems in the world. It is a distinctive form of medical practice. The practice of osteopathy utilizes all available modern medical technologies to assess and treat injury and disease. It also offers the added benefit of hands-on diagnosis and treatment through a system of therapy known as osteopathic manipulative medicine. Osteopaths understand how all the body's systems are interconnected and how each one affects the others. When indicated, they focus special attention on the musculoskeletal system, which reflects and influences the condition of all other body systems.

Why Choose to Study Osteopathy at National Academy of Osteopathy?

National Academy of Osteopathy (NAO) is the only osteopathic college in Canada offering a four year full time Doctor of Osteopathy (DO) program. NAO prepares you to be a successful osteopath. Our program is practice & techniques oriented. You will become a doctor ready to practice in the real world. You will learn subjects not covered elsewhere (orthopaedic bracing, custom made orthotics, decompression traction therapy, clinical ergonomics, etc). By the time you graduate you will be well versed in the business side of health care along with the clinical aspect. As such your success is guaranteed.

Undergraduate Admissions

You require a bachelor degree as per-medical requisites (minimum 3 years of prior university education).

Tuition and Fees

\$19,966 plus Harmonized Sales Tax of 13% (\$90,246.32 in total for 4 years). The estimate for books and supplies for the 4 years program is \$3,000, and annual living expenses \$10,000 (all typical costs for a professional program).

Financial Assistance

Guaranteed student loans of up to \$12,000 per year (\$48,000 in total) are available to all students. National Academy of Osteopathy also offers many scholarships, awards and bursaries. Contact the admissions office for more information.

Campus Location

The Doctor of Osteopathy (DO) program is offered only at the Toronto campus of National Academy of Osteopathy. It is not available as an interactive online program.

Program Length

The Doctor of Osteopathy (DO) program is 4 years full time (5,600 hours). Part time studies are not available. Students with previous health education may be exempted from certain courses such as anatomy, physiology & pathology. However it still would take 4 years for all students to complete the program.

Start Date

The classes start once a year in September. The first class is scheduled to open in September 2015. Admission is highly competitive as there are only a few spots available.

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Total program is approximately 5,600 hours.

1st year

Medical Biochemistry
Medical Histology
Infectious Diseases
Human Anatomy
Cardiopulmonary Resuscitation (CPR)
Embryology
Osteopathic Theory and Methods
Osteopathic Soft Tissue Therapy
Osteopathic Spinal Manipulative Therapy
Osteo-articular Spinal Mobilization
Osteo-articular Joint Mobilization
Osteopathic Static Musculoskeletal Examination
Osteopathic Palpation
Intersegmental Motion Testing
Medical Physiology
Clinical Biomechanics & Gait Analysis
Neuro Anatomy

2nd year

Osteopathic Manipulative Medicine (Spine)
Osteopathic Manipulative Medicine (extremities)
Myofascial Release Technique
Osteopathic Counterstrain Technique
Pathology
Facilitated Positional Release Technique
Osteopathic Assessment & Examination
Techniques of Still
Ligamentous Articular Strain Technique
Osteopathic Articulatory Technique
Balanced Ligamentous Technique
Osteopathic Muscle Energy Techniques
Neuroscience
Medical Microbiology
Immunology
Therapeutic & Joint Specific Exercises
Clinical & Sports Nutrition
Exercise Physiology
Diagnosis & symptomology
Principles of Radiology

3rd year

Pharmacology
Acute Pain Management
X-ray Diagnosis (Rheumatology & Orthopaedics)
Physiotherapy Modalities
Decompression Traction Therapy
Orthotics Casting
Orthopaedic Footwear & Support Hose Fitting
Orthopaedic Support Bracing
Women's Health
Paediatrics Osteopathy
Temporomandibular Joint Assessment
Motor Vehicle Accident Case Management
Workers' Safety & Insurance Board Case Management
Slip & Fall Tort Law Case Management
Geriatrics Osteopathy
Orthopaedics
Neurology
Clinical Psychology
Osteopathic Sports Energy Technique (Upper Extremities)
Osteopathy Principles, Practice, Ethics & Jurisprudence
Clinical Laboratory Diagnosis
Osteopathic Clinical Management
Neuro diagnosis

4th year

Clinical Internship & Rounds
Research Project & Thesis
Osteopathic Accounting Concepts
Home Based Assessment
Strategic Management in Osteopathic Clinic
Clinical Ergonomics
Rehabilitation Medicine
Job Site Analysis
Osteopathic Business Administration
Osteopathic Practice Solutions
Rheumatology
Functional Abilities Evaluation
Finance and Economics for Osteopaths
Independent Disability Evaluation
Motivational Psychology
Osteopathic Sports Energy Technique (Lower Extremities)
Health care Marketing & Public Relations
Sports Medicine
Advanced Diagnostic Radiology

To apply for the DO program of NAO please contact admissions@nationalacademyofosteopathy.com.
NAO staff would help international students with obtaining student visa and finding a suitable housing near campus.